#### MARCH 2020 (14)

# #Trendingwith MTP



#### **GOVERNMENT STIMULUS PACKAGE TO BOOST ECONOMY**?

## Markets are in panics, supermarket shelves are empty, events are cancelled, are we heading for a recession?

The Federal Government announced this week (12/3/2020) a \$22billion economic stimulus package to help steer Australia **away from a recession**. The support package is including; cash-flow support to small businesses to retain staff, one-off payments to income support recipients and tax write-offs for business investment spending. This package is also on top of the \$2.4billion pledged funds to help the health system manage with the additional patient work load.

Treasury are expecting Australia will avoid a recession, as a 1.5% boost to the economy is predicted from the stimulus package the Morrison government is pledging.

Local economists say (CBA and NAB chief economists) the 1.5% boost is a realistic achievement, but only if businesses and consumers step up and spend a significant part of the \$11billion available within the next 3 months.

It is estimated about 6.5 million Australians will be getting a cheque for \$750 from March 31 and business could expect to get as much as \$6billion this financial year for support.

Time will tell if the pledged stimulus package will take some pressure off the financial markets and help Australian avoid a recession.





The market has reduced heavily in the past month, dropping 1,752 points



The AUD has been impacted with recent markets, the AUD now buys \$0.65 USD



#### **RBA's big call**

The recent announced stimulus package will not take pressure off the RBA. The RBA will be looked to help stimulate growth via another rate drop next month #LowestRatesEver



**The growling bear** Markets have been hit hard since the middle of February, with large drops causing our local market to enter a long avoided bear market. The last time we entered a bear market was back in 2015. #GrizzlyOrGummyBear?

AFLW/AFL Success Crowds of 4,000 flocked to Morwell rec reserve recently to witness 2 great games of AFLW and AFL. Collingwood too strong in the AFLW with a convincing win #localsupport



**Time for a laugh...** Who can drink a litre of petrol?

JERRY-CAN #LOL

#### What will you binge watch nexť?

#### Netflix has been busy adding some new TV shows over the past month...

#### FORMULA 1: DRIVE TO SURVIVE

Back for season two, Formula 1: Drive to Survive is serving up 10 new episodes following the high-stakes and adrenaline fuelled action of the fastest sport in the world. Only 20 drivers get to compete in Formula 1 and with some of the sport's top names racing for new teams, 2019 proved to be a season of broken alliances and renewed rivalries. This year for the first time, all 10 teams, including Mercedes AMG Petronas Formula 1 Team and Scuderia Ferrari, gave Netflix insider access as they battled it out for victory in the greatest racing series in the world. #WORTHTHEWATCH



### SPINNING OUT

#HOOKEDAFTER1EPISODE

SPINNING OUT When figure skater Kat has an accident that ends her fledgeling solo career, she is faced with two options. To quit her beloved sport or join up with a skating partner and try and make it to the Olympics. The problem is that Kat has a past filled with secrets, and this new skating double act risks exposing her completely, and in the process send her to the edge of sanity.

#### **Spicy Chicken Avocado Wraps**



- 1 chicken breast (approx. 180g), thinly sliced at an angle
- generous squeeze juice ½ lime
- 1/2 tsp mild chilli powder
- 1 garlic clove, chopped
- 1 tsp olive oil
- 2 seeded wraps
- 1 avocado, halved and stoned
- 1 roasted red pepper from a jar, sliced
- a few sprigs coriander, chopped
- 1. Mix the chicken with the lime juice, chilli powder and garlic.
- 2. Heat the oil in a non-stick frying pan then fry the chicken for a couple of mins - it will cook very quickly so keep an eye on it. Meanwhile, warm the wraps following the pack instructions or, if you have a gas hob, heat them over the flame to slightly char them. Do not let them dry out or they are difficult to roll.
- 3. Squash half an avocado onto each wrap, add the peppers to the pan to warm them through then pile onto the wraps with the chicken, and sprinkle over the coriander. Roll up, cut in half and eat! #YUMMY

#### With the AFL around the corner... here's our prediction for top 8 of season 2020;



**1. GWS GIANTS** 2. RICHMOND **3. WEST COAST** 4. COLLINGWOOD **5. BRISBANE 6. HAWTHRON** 7. ST. KILDA 8. GEELONG **#TIPSTER #HOPEWEARERIGHT** 

