

# #Trendingwith MTP



## Trump V China, whats the trade at?

The US and China are locked in a bitter trade war (if you haven't heard...)

Over the past year, the world's two largest economies have imposed tariffs on billions of dollars worth of one another's goods.

President Donald Trump has accused China of unfair trading practices and intellectual property theft, whilst in China, there is a perception that the US are trying to reduce China's economic rise... (its all just power plays???)

Mr Trump's tariffs policy aims to encourage consumers to buy American by making imported goods more expensive.

So far, the US has imposed tariffs on more than \$528bn of Chinese goods, and China has retaliated with tariffs on more than \$161bn of US products.

It was reported recently that the US plans to deliver a new wave of tariffs on Chinese goods, ranging from electronics, phones and footwear. If this does eventuate, effectively all Chinese goods imported to the US will be subject to tariffs. China also plans to hit another 3,000 American products with tariffs by the end of the year.

There may be some end to all this madness, as the US and Chinese have recently agreed to meet in early October to try and create a positive outcome for both countries. WATCH THIS SPACE!

1

### INTEREST RATES

The cash rate has remained steady this month, sitting at an all time low at 1.00%

2

### AUSTRALIAN STOCK MARKET

The local market has found some volatility over the past month, dropping -0.52%

3

### HOLIDAY TIME?

Our local dollar has dropped slightly in value with \$1 dollar now buying \$0.68 USD.



### R U OK?

The second Thursday of September each year is an awareness day and an opportunity to notice those around you and how they are feeling.

Start a conversation;

Ask, R U ok? Listen.

Encourage action. Check in #RUOK



### Ride like a girl

Rewind the clock back to 2015 and we witnessed greatness at the Melbourne Cup! This greatness has been turned into a movie with 'Ride Like a Girl' premiering this month. The movie that tells the story of the first female jockey to win the Melbourne Cup, Michelle Payne #RideLikeAGirl



### Time for a laugh...

What did the pirate say on his 80th Birthday? 'Aye matey' #LOL

What do you call a fake noodle? 'An Impasta' #LOL

## Spring time delight...

### Chargrilled zucchini, marinated feta and spring pea bruschetta...



#### What you are going to need;

- Finely grated zest and juice of 1 lemon
- 2 zucchinis, thinly sliced lengthways
- 2 tablespoons olive oil
- 1/2 crusty baguette, cut into 12 slices
- 1 garlic clove, halved
- 250g full cream feta, drained
- 1/2 cup mint leaves, finely chopped, plus extra to serve
- 8 slices prosciutto, torn
- 1/2 cup fresh or frozen baby peas, blanched, refreshed

#### Step 1

Combine lemon juice, zucchini and 1 tablespoon oil in a bowl. Season and set aside to marinate for 15 minutes.

#### Step 2

Heat a chargrill pan over medium-high heat. Brush bread slices with remaining 1 tablespoon oil, then grill for 1-2 minutes each side until golden and charred. Rub bread with the cut side of the garlic. Set aside.

#### Step 3

In 2 batches, chargrill the zucchini (reserving marinade) for 1 minute each side or until tender and lightly charred.

#### Step 4

Add feta, lemon zest and mint to the reserved marinade, then season well and stir until a smooth paste.

#### Step 5

Spread the feta mixture onto each baguette slice. Top with prosciutto, zucchini, peas and extra zest and mint.

## LATROBE VALLEY UNEMPLOYMENT ON THE IMPROVE

March 2017 was a sad time for the Latrobe Valley as Hazelwood Power-station had closed its doors for good, the outlook was looking gloomy and unemployment was sitting at 8%...

Fast forward 2 years and regions **unemployment has reduced down to 5.7%! A great turn around** for the region with increasing positive stories coming out of the Latrobe Valley.



#### \*\*\*\*BREAKING NEWS\*\*\*\*

WE'RE EXCITED! Welcome to the MTP family, **Peter Armour!**

A true specialist when it comes to Centrelink with many years of experience and a wealth of knowledge with all Centrelink and aged care enquires. #GURU



#### Navigating Global Markets - risk and opportunities

With recent market volatility climbing to increase highs in recent times, our next presentation will explore the current global markets and what to be looking out for.

Keep an eye out for invites as we will be holding this session on **Wednesday the 16th of October @ 5pm.**