

# #Trendingwith MTP



## exciting times ahead in 2017...

Welcome all, 2017 has arrived. Are you ready? We sure are!

2017 has arrived! But, more importantly #TrendingwithMTP has landed with its first edition!

Keep in the loop with what is happening in and around Money Talk Planners, updates from the financial world, whats trending globally, whats happening locally on our own doorstep and many other exciting updates along the way...

We are excited, bring on 2017!

## kept in the loop...

1

### INTEREST RATES

Cash rates have remained constant from last month and remain at 1.50%

2

### AUSTRALIAN STOCK MARKET

ASX 200 has remained steady, growing 1.33% from last month.

3

### HOLIDAY TIME?

The AUS dollar has increased slightly from last month, now our dollar buys \$0.77 USD.



### Fresh air for first home owners?

The State Government has announced recently that from July 1 2017, any first home buyers purchasing under \$600,000 will be exempt from stamp duty!



### What's #Trumping

Donald is now in full swing of his presidency with many mixed reactions and emotions around the world. Since his initiation into office, the US market has grown 5.6%.



### NOKIA is back??!

Talk about a blast from the past.. Nokia is back! The classic 3310 is making the comeback after 12 years away!! Unfortunately not available in Australia :(

### Time for a laugh...

What did the fish say when it hit the wall??

\*\*DAM\*\*

#LOL

## It's a new year; FRESH START? what are you going to stop doing, keep doing and start doing in 2017?

Is this the year when we change the way we live,  
think and act?

It's a new year, a fresh start!

Why not? Something new? Time for change?

A new year can call for a fresh approach, so why not  
ask yourself;

- **What am I going to stop doing??**
- **What will I keep doing??**
- **What am I going to start doing??**

The 3 questions above can help shift mindset, daily  
living and our approach to everyday events.

Ask yourself, was there something in 2016 or the  
past that you found to be non-beneficial or provided  
a hindrance on what you wanted to do? **Stop** it!

What have you found that worked in the past?  
If it works, **Keep** doing it!

Whats next on your agenda, what do you want now?  
Is there something you want to try?  
Think of it, commit to it and **START** doing it!



## Chocolate Easter-Egg Fondant

### Ingredients

- 125g dark chocolate, chopped
- 150g butter, chopped
- 3 eggs
- 1/2 cup firmly packed brown sugar
- 1/3 cup plain flour
- 1/3 cup self-raising flour
- 1 table spoon cocoa powder
- 6 small caramel filled easter eggs

### Method

- Preheat oven to 200°C/180°C fan-forced. Grease six 125ml (1/2 cup-capacity) ovenproof dishes or pudding moulds.
- Place chocolate and butter in a saucepan over low heat. Cook, stirring, for 2 to 3 minutes or until smooth. Cool for 10 minutes.
- Using an electric mixer, beat eggs and sugar until light and fluffy. Transfer mixture to a bowl. Fold in sifted flours, cocoa and chocolate mixture.
- Spoon mixture into moulds. Press 1 Easter egg into the centre of each pudding. Bake for 10 to 12 minutes or until firm around edges (puddings will be soft in the centre). Invert puddings onto plates. Serve with cream.

## 2017 IS HERE... TIME TO GET FIT? IS 2017 THE HEALTH YEAR? BE EMBRACED

It's a new year, time to get into shape? Or wanting to live a healthier lifestyle?

As humans, the perception of a new year provides hope and a new motivation to  
create a change in our life!

Wanting to empower a healthier lifestyle? Embrace Fitness and Wellbeing is the  
answer. Providing a holistic approach, assisted exercise and nutrition support, the  
passionate team is sure to get you on the right track to helping you achieve a  
healthier YOU!

Enquire about their **7-day free trail** > simply visit the website [myembrace.com.au](http://myembrace.com.au) or  
pop into the welcoming wellness centre in Morwell @ 36 Princes Drive.

